

Let's Reflect on That...

Reflecting on your TTT Project

A young boy was walking down a beach where lots of starfish had been swept up onto the shore. As he strolled across the sand, he'd repeatedly pick up a stranded starfish and throw it back into the ocean. An onlooker saw the boy and asked what he was doing. The boy replied that the starfish were unable to get back into the water and would die as the sun rose higher and the sky became hotter. The onlooker glanced at all the starfish over the beach and said "But there are millions of starfish on this beach; how can your efforts make any difference?" The boy looked at the starfish he was holding and flung it back into the sea. He looked up at the man, smiled and said, "it will make a difference to this one".

TTT - using talents, treasures and time to make a difference.

Let's Reflect on That...

***Experience is not what happens to a man;
it is what a man does with what happened to him.***

- Aldous Huxley -

In your TTT project, you will be having a number of new experiences. What you do with these experiences – what you learn from them – will make a big difference to what you get out of the whole TTT process. That is why we have produced this journal: to give you a place to reflect on your experiences and to learn from them. Regularly – at least once a week – write and perhaps draw about you have done, keeping in mind the service goals and the learning goals that you hope to achieve.

TTT Project Description:

My service goals (the service outcomes I want to achieve) are:

My learning goals are (think broadly: learning linked to the curriculum; learning personal skills - teamwork, communication, leadership, problem solving; learning linked to career; learning about different groups – the aged, the young, those with disabilities; learning about issues – the environment, poverty etc.):

Each time you write in your journal, you will be asked to think about five simple points:

- | | |
|--|---|
| What? | Report what happened – describe facts and events. |
| So What? | What did you learn? How did you feel? What difference will it make? |
| Now What? | As a result of what has happened, how will you think in the future and what actions will you take? |
| Next time, I would do this differently... | Perhaps there is something that you could have handled better. Describe what you would do if this situation happened again. |
| I feel proud that I... | Describe something that you feel proud about. |

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***Educating the mind without educating the heart
is no education at all.***

- Aristotle -

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*From what we get, we can make a living;
what we give, however, makes a life.*

- Arthur Ashe -

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***If you don't like the way the world is, you change it.
You have an obligation to change it. You just do it one step at a time.***

- Marian Wright Edelman -

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Imagine what a harmonious world it could be if every single person, both young and old, shared a little of what he is good at doing.

- Quincy Jones -

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When spider webs are woven together, they can tie up a lion.

- Ethiopian Proverb -

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Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

- Margaret Mead -

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***Every individual matters. Every individual has a role to play.
Every individual makes a difference.
And we have a choice: What sort of difference do we want to make?***

- Jane Goodall -

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***It is not enough to be busy; so are the ants.
The question is: What are we busy about?***

- Henry David Thoreau -

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You must be the change you wish to see in the world.

- Mahatma Ghandi -

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*Life is not a spectator sport...
If you're going to spend your whole life in the grandstand
just watching what goes on, in my opinion you're escaping your life.*

- Jackie Robinson -

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If you wait, all that happens is that you get older.

- Leonard Nimoy -

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Three people were at work on a construction site. All were doing the same job, but when each was asked what his job was, the answers were varied.. "Breaking rocks," the first replied. "Earning my living," the second said. "Helping to build a cathedral," said the third.

- Peter Schultz -

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If you can't feed a hundred people, then feed just one.

- Mother Teresa -

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***You've got to think about "big things" while you're doing small things,
so that all the small things go in the right direction.***

- Alvin Toffler -

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***A mind that is stretched by a new experience
can never go back to its old dimensions.***

- Oliver Wendall Holmes -

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